

# Example calendar for assisted living

2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 11AM Church Service in LC 2PM Vespers in Chapel 4PM Raisin Science	2 10AM News You Can Use 1030AM Painting Class 11AM Exercise Class 130PM Singing Group 230PM Mad Libs 3PM Cards	2 10AM News You Can Use 1030AM First Ladies Info 11AM Exercise Class 11AM Communion, Prayer Service & Rosary 130PM Bible Study Class 3PM Crafting Group	4 10AM News You Can Use 1030AM Guest Speaker 130PM Book Club 230PM Happy Hour 3PM Bingo	5 10AM News You Can Use 1030AM Documentary 11AM Exercise Class 12PM Lunch Bunch Outing 2PM Movie & Manicures 3PM Walking Group	6 10AM News You Can Use 1030AM Brain Fitness 11AM Exercise Class 1PM Word Games 230PM Olympics Talk 3PM Virtual Travel: Beijing, China	7 11AM Exercise Class 3PM Bingo
8 11AM Church Service in LC 2PM Vespers in Chapel 4PM Football Trivia	9 10AM News You Can Use 1030AM Painting Class 11AM Exercise Class 130PM Poetry Class 230PM Craft Class 3PM Trivia	10 10AM News You Can Use 1030AM Animals of Africa 11AM Exercise Class 11AM Communion, Prayer Service & Rosary 130PM Bible Study Class 3PM Survival Scenarios	11 10AM News You Can Use 1030AM Guest Speaker 11AM Exercise Class 130PM Music Entertain 230PM Happy Hour 3PM Bingo	12 10AM News You Can Use 1030AM Umbrella Day 11AM Exercise Class 2PM Movie & Manicures 3PM Walking Group	13 10AM News You Can Use 1030AM Brain Fitness 11AM Exercise Class 1PM Word Games 230PM Ice Cream Day 3PM Virtual Travel: Negril, Jamaica	14 10AM Fred Rogers BIO 11AM Exercise Class 3PM Bingo
15 11AM Church Service in LC 2PM Vespers in Chapel 4PM Sidney Poitier Info	16 10AM News You Can Use 1030AM Painting Class 11AM Exercise Class 130PM Singing Group 230PM Mad Libs 3PM Cards	17 10AM News You Can Use 1030AM School Games 11AM Exercise Class 11AM Communion, Prayer Service & Rosary 130PM Bible Study Class 3PM Table Time	18 10AM News You Can Use 1030AM Guest Speaker 11AM Exercise Class 130PM Book Club 230PM Happy Hour 3PM Bingo	19 10AM News You Can Use 1030AM Michael Jordan 11AM Exercise Class 12PM Lunch Bunch Outing 2PM Movie & Manicures 3PM Walking Group	20 10AM News You Can Use 1030AM Brain Fitness 11AM Exercise Class 1PM Word Games 230PM Fruit Day 3PM Virtual Travel: Tel Aviv, Israel	21 10AM Abe Lincoln BIO 11AM Exercise Class 3PM Bingo
22 11AM Church Service in LC 2PM Vespers in Chapel 4PM Elizabeth Taylor Info	23 10AM News You Can Use 1030AM Painting Class 11AM Exercise Class 130PM Poetry Class 230PM Craft Class 3PM Trivia	24 10AM News You Can Use 1030AM Bio Authors 11AM Exercise Class 11AM Communion, Prayer Service & Rosary 130PM Bible Study Class 3PM Mocktails	25 10AM News You Can Use 1030AM Guest Speaker 11AM Exercise Class 130PM Music Entertain 230PM Happy Hour 3PM Bingo	26 10AM News You Can Use 1030AM Women Scientists 11AM Exercise Class 2PM Movie & Manicure 3PM Walking Group	27 10AM News You Can Use 1030AM Brain Fitness 11AM Exercise Class 1PM Word Games 230PM Vegetable Day 3PM Virtual Travel: London, UK	28 11AM Exercise Class 3PM Bingo
29 11AM Church Service in LC 2PM Vespers in Chapel 4PM Polar Bear Info	30	31				

